Because this session is about showcasing your beauty and glow, why not treat it as a gift you will give to yourself, and to your baby? Scheduling a hair and makeup appointment prior to the session will pull together your look almost as much as selecting the perfect outfit - this is especially true if you experience skin and hair changes due to hormonal shifts. If your budget and schedule permits, treat yourself to a prenatal massage to really get your glow on!

For your session, Emily Hardy Photography provides you with the option of shooting in a private location, such as your home or our studio, where you can bare as little or as much of your belly (and body) that you care to. You may also opt for a less intimate session and select outfits and a location that has meaning to you and will provide a wonderful backdrop for the “before” pages in your Baby Book.

And by all means, include any siblings (of the two or four-legged variety) as this is an exciting time for your entire family! Emily Hardy Photography will capture both individual and family images to tell your entire story!

To some, the idea of maternity images is as exciting as the idea of having a baby itself as you are captivated by the glow and radiance that pregnancy has bestowed upon you. To others, it is a questionable one as your body has transformed to a place you might not have imagined it ever going.

However you may feel, if you do not take the images, you will not have them. And while it may be your first or your third pregnancy, each will deliver you an experience (and a baby) that is unique to this world. That deserves to be captured. If ever there is a time to entrust yourself to the hands of a professional photographer, it is during this time. Professional maternity photography is not the snap of an Instagram shot or a few shots taken on a whim in your kitchen. It is working with someone who understands that certain poses will photograph better than others, that lighting is key, and with a bit of guidance, you will look as amazing on the outside as you hopefully feel on the inside.

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You are welcome to reserve your session any time after you have established your due date, but you will want to schedule a time between 32 and 36 weeks when you are showing enough of a full belly, but not quite ready to deliver! Scheduling in the earlier weeks ensures that you will have a bit more mobility for poses.

You may want to think about booking your separate newborn session at this time, as well, should you choose to also book with Emily Hardy Photography.

For your maternity session, you have two options:

1. You may book it as an on-location maternity session, at a location of your choice or at your home.
2. You may book it as a studio session to take place in Emily Hardy Photography’s studio.

And by all means, include any siblings (of the two or four-legged variety) as this is an exciting time for your entire family! Emily Hardy Photography will capture both individual and family images to tell your entire story!

What to Wear

We love the full range of options that are available for today’s mother-to-be: open and flowing or crisp and modern. Embrace looks that show your belly, and give it the definition it deserves. Try a tank, camisole or a long flowy sweater that opens just above your belly bump. You can’t go wrong with jeans and a t-shirt or tank - but look for options that include a lycra bend so that they remain crisp and form flattering. For jeans and pants, try for “under the belly” - it doesn’t matter if you can snap them or not, an open snap will show far better than a large maternity panel. Just prior to your session, try to avoid anything tight that will leave a band mark or indentations on your belly. There is something lovely about just a plain, simple, button down... classic yet a bit intimate if unbuttoned, especially if it belongs to your partner. And should you feel especially radiant, investigate options for maternity lingerie!